

variability could be due to the devices rather than examiner evaluations.

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Masoud Khorrami-Nejad^{a,b,*}, Ahmed Mohammed Khodair^a, Mehdi Khodaparast^b, Farshid Babapour Mofrad^c, Farzaneh Dehghanian Nasrabadi^d

^a Optometry Department, School of Rehabilitation, Tehran University of Medical Sciences, Tehran, Iran

^b Translational Ophthalmology Research Center, Farabi Eye Hospital, Tehran University of Medical Sciences, Tehran, Iran

^c Department of Medical Radiation Engineering, Science and Research Branch, Islamic Azad University, Tehran, Iran

^d Optometry Department, School of Rehabilitation, Iran University of Medical Sciences, Tehran, Iran

* Corresponding author.

E-mail address: dr.khorraminejad@gmail.com (M. Khorrami-Nejad).

<https://doi.org/10.1016/j.optom.2023.100511>
1888-4296/

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Comment on: Prevalence of refractive error within a Portuguese sample of optometric records



Dear Editor,

We read with keen interest the recently published study titled "Prevalence of refractive error within a Portuguese sample of optometric records" by V.L. Carneiro and J.M. Gonzalez-Meijome.¹ We want to congratulate the authors for their invaluable contribution to the field of ophthalmology. While we appreciate the authors' efforts, we would like to raise some questions and suggestions for further analysis in the future.

The study relies on a non-probability sampling method, which may introduce selection bias.² Individuals who seek eye care may not be representative of the general population, and the findings may not be easily generalized. The study only includes optometric practices from 10 out of 20 districts in Portugal. This limited geographic coverage may not accurately represent the diversity of refractive errors across the entire country.³ The study compares its findings with a study conducted in 2009, highlighting potential temporal differences. Refractive error patterns can change over time, and comparing results from studies with a significant time gap may not provide an accurate reflection of the current situation.⁴

The study lacks detailed demographic information, such as socio-economic status, educational level, and ethnicity. These factors can influence the prevalence of refractive errors and should be considered for a comprehensive analysis.⁵ The study lacks a control group or a comparison with a general population, making it challenging to determine whether the observed prevalence rates are significantly different from the overall population.⁶

The study provides prevalence rates but lacks an in-depth discussion of the clinical implications of the findings. For instance, the study could explore potential reasons behind the observed trends and their implications for public health and eye care services. We believe that the authors' commitment to advancing optometry and ophthalmology will lead to further research and improvements in the field. Your guidance and consideration of these suggestions would be highly valuable in ensuring the study's continued impact and relevance.

Financial disclosure

Nil

Conflicts of interest

The author has no conflicts of interest to declare.

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Navneet Sharma^a, Mahendra Singh^b, Suraj Kumar Chaurasiya^{b,*}

^a Department of Optometry, Chandigarh Group of Colleges, Jhanjeri, Mohali, Punjab 160047, India,

^b Department of Optometry and Vision Science, CL Gupta Eye Institute, Moradabad, UP 244001, India,

* Corresponding author at: C L Gupta Eye Institute, Ram Ganga Vihar Phase II (Extn.) Moradabad, Uttar Pradesh 244001, India.

E-mail address: csurajk414@gmail.com (S.K. Chaurasiya).

<https://doi.org/10.1016/j.optom.2023.100509>
1888-4296/

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Reply to Comment from Kumar et al. on: Prevalence of refractive error within a Portuguese sample of optometric records



We have read the Letter sent to the Editor about our previously published article entitled *Prevalence of refractive error within a Portuguese sample of optometric records*¹ written by Kumar and co-authors and we appreciate the time took to critically appraise the article.

However, we note that almost all the points raised had been previously acknowledged as limitations in our publication, and, in this way, we refer to the publication itself as an answer. Below we self-quote (“*italic*”) our own writing on selection bias:

“There are important limitations in this approach, and it is not intended to be considered as a source of epidemiological data comparable to population studies. The main limitation of this study is the fact that the selection of individuals (records) was conducted using non-probability sampling. The study is based on data obtained in clinical settings and may not reflect the population distribution. Likewise, by including individuals who attended the clinic, that is searching for eye care, one could have a selection bias. However, it allows to obtain results comparable to other approaches that are much more costly and time-consuming. Although it provides useful findings, this study design, as well as the non-probability sampling approach, limits extrapolation of those findings to the general population”.

Furthermore, we acknowledged that data collected in 2021 have limited comparability with previous studies published back in 2015 from previously collected data, as stated:

“The temporal distance between the studies (2015 to 2021) is also an effect to consider, assuming that an increase in the prevalence of myopia for younger generations is expected over the years”.

The work provides the basic information in gender and age, in line with the previously defined goals of the study. Other aspects mentioned by Kumar such as socio-economic status, educational level, or ethnicity are known to influence

refractive error but were out of the scope of the study as many other factors susceptible to influence the outcome.

In the beginning of the publication, we acknowledge that:

“Although substantial variations in the estimates can compromise their interpretability and utility, clinical records and health care databases are important sources of information for estimating prevalence and incidence of eye care conditions and enable extensive study of its characteristics”.

Considering the scope of the study, the methodology and the inherent acknowledged limitations, we adopted a conservative approach in discussing the clinical implications of the findings or their implications for public health and eye care services.

Conflicts of interest

The authors have no conflicts of interest to declare.

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1. Carneiro VLA, González-Méijome JM. Prevalence of refractive error within a Portuguese sample of optometric records. *J Optom.* 2023;16:245–251. <https://doi.org/10.1016/j.optom.2023.04.001>.

Vera L. Alves-Carneiro*, José M. González-Méijome

Clinical and Experimental Optometry Research Lab, Center of Physics, University of Minho, Portugal

* Corresponding author.

E-mail address: vera0carneiro@gmail.com
(V.L. Alves-Carneiro).

<https://doi.org/10.1016/j.optom.2024.100513>
1888-4296/

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