



## ORIGINAL ARTICLE

# Relationships between central and peripheral corneal thickness in different degrees of myopia

Sara Ortiz<sup>a</sup>, Laura Mena<sup>a</sup>, Ana Rio-San Cristobal<sup>a</sup>, Raul Martin<sup>a,b,\*</sup>

<sup>a</sup> Optometry Research Group, IOBA-Eye Institute, University of Valladolid, Valladolid, Spain

<sup>b</sup> Department of Physics TAO, School of Optometry, University of Valladolid, Valladolid, Spain

Received 31 October 2012; accepted 7 February 2013

Available online 16 May 2013

### KEYWORDS

Central corneal thickness;  
Peripheral corneal thickness;  
Myopia;  
Axial length;  
Relative peripheral index

### Abstract

**Purpose:** To analyze the relationship between the central corneal thickness (CCT) and mid-peripheral corneal thickness (PCT) with the degree of myopia [axial length (AL) and spherical equivalent refractive error (SE)].

**Methods:** 175 right myopic eyes from 175 patients were divided according to the degree of SE: group #1 ( $n=76$ ,  $<6.00$  D), group #2 ( $n=72$ , between 6.00 and 12.00 D) and group #3 ( $n=27$ ,  $>12.00$  D). The CCT and PCT (3 mm from the apex to the superior, inferior, nasal and temporal locations) were measured with the Orbscan-II. Relative peripheral index (RPI) was calculated by dividing the PCT by the CCT. The AL was measured with the IOL Master, and the SE was obtained with subjective refraction.

**Results:** AL was  $25.18 \pm 1.16$  mm,  $26.59 \pm 1.26$  mm and  $29.45 \pm 2.58$  mm and SE was  $-3.31 \pm 1.40$  D,  $-8.32 \pm 1.64$  D and  $-16.44 \pm 4.48$  D for groups #1, #2 and #3, respectively. Non-statistically significant differences in central and peripheral corneal thickness were found between groups ( $P > 0.05$  ANOVA). Non-significant relationship was found between central and peripheral corneal thickness with the AL and SE in the three study groups and in the total sample ( $r < 0.24$ ;  $P > 0.05$ ). The RPI values were similar between groups without significant difference between groups ( $P > 0.05$  ANOVA). Linear relationship was found between RPI superior location in group #2 ( $r = -0.23$ ;  $P = 0.04$ ) and RPI nasal location in group #3 with the EE ( $r = 0.41$ ;  $P = 0.03$ ).

**Conclusion:** There are no significant differences among low, moderate and extremely myopic eyes related to the CCT and PCT. Corneal thickness is very similar in myopic eyes with small differences that are not clinically relevant to myopic patient management.

© 2012 Spanish General Council of Optometry. Published by Elsevier España, S.L. All rights reserved.

\* Corresponding author at: Optometry Research Group, IOBA-Eye Institute, University of Valladolid, Valladolid, Spain.  
E-mail address: [raul@ioba.med.uva.es](mailto:raul@ioba.med.uva.es) (R. Martin).

**PALABRAS CLAVE**

Espesor corneal central;  
Espesor corneal periférico;  
Miopía;  
Longitud axial;  
Índice periférico relativo

**Relaciones entre el espesor corneal central y periférico en diferentes grados de miopía****Resumen**

**Objetivo:** Analizar la relación entre el espesor corneal central (ECC) y el espesor corneal periférico (ECP) con el grado de miopía [longitud axial (LA) y equivalente esférico de la refracción (EE)].

**Métodos:** Se agrupó a 175 ojos derechos miópicos de 175 pacientes, de acuerdo al grado de EE: grupo #1 ( $n=76$ ,  $<6,00$  D), grupo #2 ( $n=72$ , entre  $6,00$  y  $12,00$  D) y grupo #3 ( $n=27$ ,  $>12,00$  D). Se midieron el ECC y el ECP (3 mm desde el ápex a las localizaciones superior, inferior, nasal y temporal) con Orbscan-II. Se calculó el índice periférico relativo (IPR) dividiendo el ECP por el ECC. La LA se midió utilizando el IOL Master, y se obtuvo el EE mediante refracción subjetiva.

**Resultados:** La LA fue de  $25,18 \pm 1,16$  mm,  $26,59 \pm 1,26$  mm y  $29,45 \pm 2,58$  mm y el EE fue de  $-3,31 \pm 1,40$  D,  $-8,32 \pm 1,64$  D y  $-16,44 \pm 4,48$  D para los grupos #1, #2 y #3, respectivamente. Se hallaron diferencias no estadísticamente significativas en cuanto a espesor central y periférico corneal entre los grupos ( $P > 0,05$  ANOVA). Se halló una relación no significativa entre el espesor central y periférico corneal y la LA y EE en los tres grupos de estudio y en la muestra total ( $r < 0,24$ ;  $P > 0,05$ ). Los valores del IPR fueron similares entre los grupos, sin diferencia significativa entre ellos ( $P > 0,05$  ANOVA). Se halló una relación lineal entre la localización superior del IPR del grupo #2 ( $r = -0,23$ ;  $P = 0,04$ ) y la localización nasal del IPR en el grupo #3 con EE ( $r = 0,41$ ;  $P = 0,03$ ).

**Conclusión:** No existen diferencias significativas entre los ojos con miopía baja, moderada y extrema en cuanto a ECC y ECP. El espesor corneal es muy similar en ojos miópicos, con pequeñas diferencias que no son clínicamente relevantes para el tratamiento de los pacientes con miopía.

© 2012 Spanish General Council of Optometry. Publicado por Elsevier España, S.L. Todos los derechos reservados.

## Introduction

Corneal thickness is an important indicator of corneal health. Its alteration may be indicative of different pathologies,<sup>1</sup> so in clinical practice it is of great importance to obtain the most reliable corneal pachymetry value for each patient. Corneal thickness is also implicated in the measurement of intraocular pressure (IOP) or when planning corneal refractive surgery (this value influences the final decision as to whether surgery is necessary, the selection of a particular surgical procedure, issues related to follow-up or the rate of postoperative complications).<sup>2,3</sup> Factors influencing the thickness of the corneal pachymetry include the time of day, patient age, the use of contact lenses or the presence of any corneal degeneration.<sup>4</sup> The influence of refractive error on corneal thickness has not yet been clearly established.<sup>5-7</sup>

Myopia is one of the most common eye disorders worldwide. It affects around 25% of the population in the West and over 80% in some Asian regions.<sup>8</sup> Changes related to myopic eyes include elongated axial length (AL) and stretching of the retina, choroid and sclera.<sup>9</sup> Some studies concluded that eyes with myopia have more flattened corneas, deeper anterior chambers and major white-to-white corneal diameters when compared with low-myopic, emmetropic and hyperopic eyes.<sup>10,11</sup>

Although numerous studies<sup>10-15</sup> have related the central corneal thickness (CCT) with the degree of myopia, none of these studies have considered the mid-peripheral corneal thickness (PCT) in highly myopic eyes. However, the results of these studies are controversial. Some found

that myopic subjects have a thicker CCT,<sup>12</sup> others a thinner CCT,<sup>7,13</sup> while yet others found no correlation between CCT and myopia.<sup>10,11,14,15</sup> These controversial results concerning the relationship between high myopia and the CCT is controversial, requiring further study to clarify the topic.

Hence, the main objective of this study is to evaluate corneal thickness in both the center and the mid-periphery of the cornea in a sample of myopic eyes and to correlate these findings with the refractive error, expressed with the spherical equivalent (SE) and with the AL.

## Methods

### Subjects

In total, 175 right eyes from 175 myopic subjects were enrolled in the study. There were 107 women and 68 men; the mean age was  $36.4 \pm 9.3$  years (ranging from 18 to 67 years). The SE of the refractive error ranged from  $-0.50$  D to  $-26.00$  D ( $-6.96 \pm 4.90$  D). Contact lens use was discontinued for at least 15 days prior to data collection.

Subjects were excluded if they had an active ocular-surface disease such as significant dry eye, corneal opacities, glaucoma, current medication that could affect ocular physiology, astigmatism  $>2.00$  D, any type of corneal dystrophy such us keratoconus or if they had undergone any kind of ocular surgery. Informed consent was obtained from each subject after approval was granted by the Human Sciences Ethics Committee of the University of Valladolid. All subjects were treated in accordance with the Declaration of Helsinki.

**Table 1** Mean corneal thickness (CT), standard deviation (SD) ( $\mu\text{m}$ ) and the 95% CI, for the total sample and for all the studied groups for all the corneal locations studied.

Location	Total ( $n=175$ )	Group #1 <6 ( $n=76$ )	Group #2 6–12 ( $n=72$ )	Group #3 >12 ( $n=27$ )	P
Central	$544 \pm 37$ (539–550)	$543 \pm 33$ (536–551)	$547 \pm 41$ (536–557)	$539 \pm 36$ (525–553)	0.57
Nasal	$621 \pm 38$ (615–627)	$623 \pm 30$ (616–630)	$624 \pm 47$ (612–635)	$609 \pm 32$ (596–621)	0.19
Temporal	$595 \pm 38$ (589–601)	$590 \pm 31$ (583–597)	$601 \pm 43$ (591–611)	$593 \pm 42$ (576–609)	0.23
Superior	$626 \pm 38$ (621–632)	$626 \pm 33$ (618–633)	$629 \pm 43$ (619–639)	$621 \pm 35$ (601–635)	0.62
Inferior	$608 \pm 38$ (603–614)	$609 \pm 30$ (604–614)	$612 \pm 43$ (602–622)	$596 \pm 41$ (580–612)	0.15

## Instrumentation

The CCT and PCT were measured with the Orbscan II (Bausch & Lomb, Rochester, NY, version 3.12). The procedure involving the Orbscan II has previously been described.<sup>16,17</sup> This device uses an algorithm that involves multiplying corneal thickness by an acoustic factor of 0.92. Corneal pachymetry was measured in five different corneal locations: at the center and at the superior, inferior, nasal and temporal (at 3 mm from the apex) corneal positions. An experimenter and blinded operator performed all the Orbscan measurements.

The relative peripheral index (RPI)<sup>18</sup> was calculated by dividing the PCT by the CCT. This index expresses the rate of thickening of the cornea from the center to the periphery.

The eyeball AL was assessed with the IOL Master (Carl Zeiss Meditec, Jena, Germany) using non-contact partial coherence laser interferometry.<sup>19,20</sup>

The spherical equivalent (SE) was calculated as the sum of the sphere and half the refractive astigmatism in dioptres (D) obtained after standard monocular subjective refraction (maximum positive lens that provides the best visual acuity).

## Data analysis

Data were analyzed using the statistical package SPSS version 14.0 (SPSS Inc., Chicago, IL, USA). A normal distribution of variables was assessed using the Kolmogorov-Smirnov test. Three study groups were established based on the value of the SE; group #1 = low myopic eyes under 6.00 D, group #2 = moderately myopic eyes with prescriptions ranging from 6.00 to 12.00 D and group #3 = extremely myopic eyes above 12.00 D.

The CCT and PCT differences between the three groups of myopia were analyzed using multiple analysis of variance (ANOVA) with the Bonferroni correction (post hoc comparisons). A P-value <0.05 was considered statistically significant. Linear regression was used to analyze the correlation between central and peripheral pachymetry with the SE and the AL; the correlation coefficient ( $r^2$ ) was determined. The Pearson correlation coefficient was also calculated to determine the relationship among the study variables. A P-value <0.05 was considered statistically significant.

## Results

The CCT and PCT values for the total sample and the three study groups are summarized in Table 1. Group #1 (low myopic eyes, under 6.00 D) comprised 76 eyes ( $34.43 \pm 9.41$  years), with an average SE of  $-3.31 \pm 1.40$  D, AL of  $25.18 \pm 1.16$  mm, IOP of  $14.14 \pm 2.11$  mmHg, maximum corneal power of  $44.01 \pm 1.53$  D and minimum corneal power of  $43.11 \pm 1.51$  D; group #2 (moderate myopic eyes, between 6.00 and 12.00 D) comprised 72 eyes ( $36.72 \pm 8.31$  years) with an average SE of  $-8.32 \pm 1.64$  D, AL of  $26.59 \pm 1.26$  mm, IOP of  $14.10 \pm 2.23$  mmHg, maximum corneal power of  $44.82 \pm 1.58$  D and minimum corneal power of  $43.57 \pm 1.30$  D; and group #3 (extremely myopic eyes, more than 12.00 D) comprised 27 eyes ( $40.74 \pm 10.16$  years) with an average SE of  $-16.44 \pm 4.48$  D, AL of  $29.45 \pm 2.58$  mm, IOP of  $14.80 \pm 2.45$  mmHg, maximum corneal power of  $44.79 \pm 1.68$  D and minimum corneal power of  $43.69 \pm 1.40$  D. No differences were found between men and women in the total sample and in each three studied groups in CCT and PCT ( $P>0.05$ ).

Non-statistically significant differences in the CCT and PCT were found among the study groups ( $P>0.05$ , ANOVA). However, the RPI shows statistical differences ( $P<0.05$  ANOVA with Bonferroni correction, Table 2) with corneal location in all study groups except in extremely myopic eyes (group #3).

## Relationship between AL and SE with corneal thickness

A significant direct relationship was obtained between the central and peripheral thickness in all positions (central, nasal, temporal, superior and inferior) for all sample and in each study group with a  $r>0.75$  ( $P<0.01$ ). Non-significant relationships were found between central thickness (at both the center and the periphery of the cornea) with AL and SE (Table 3).

Low correlation was found between the central thickness and AL for group #1 ( $r^2<0.01$ ,  $P=0.820$ ), group #2 ( $r^2<0.01$ ,  $P=0.797$ ) and group #3 ( $r^2=0.10$ ,  $P=0.098$ ). A similar trend was found for the mild-peripheral thickness at nasal ( $r^2<0.01$ ,  $P>0.05$  for all study groups), temporal

**Table 2** Mean relative peripheral index (RPI), standard deviation (SD) and the 95% CI for the total sample and for all the studied groups for all the corneal locations studied.

	Nasal	Temporal	Superior	Inferior	P
<i>Total (n = 175)</i>					
RPI	1.14 ± 0.05 (1.14–1.15)	1.09 ± 0.04 (1.09–1.10)	1.15 ± 0.10 (1.13–1.16)	1.12 ± 0.04 (1.11–1.13)	<0.01*
<i>Group #1 &lt;6.00 D (n = 76)</i>					
RPI	1.15 ± 0.05 (1.14–1.16)	1.09 ± 0.04 (1.08–1.10)	1.15 ± 0.05 (1.14–1.16)	1.12 ± 0.04 (1.11–1.13)	<0.01*
<i>Group #2 &gt;6.00 to &lt;12.00 D (n = 72)</i>					
RPI	1.14 ± 0.05 (1.13–1.15)	1.10 ± 0.04 (1.09–1.11)	1.15 ± 0.04 (1.14–1.16)	1.12 ± 0.04 (1.11–1.13)	<0.01*
<i>Group #3 &gt;12.00 D (n = 27)</i>					
RPI	1.13 ± 0.05 (1.11–1.15)	1.10 ± 0.05 (1.08–1.12)	1.11 ± 0.23 (1.02–1.20)	1.11 ± 0.05 (1.09–1.13)	0.78
P	0.28	0.17	0.12	0.28	

\* Statistically significant differences were found in all corneal locations, except in the superior location with nasal location ( $P = 1.00$ ).

( $r^2 < 0.09$ ,  $P > 0.05$  for all study groups), superior ( $r^2 < 0.02$ ,  $P > 0.05$  for all study groups) and inferior ( $r^2 < 0.01$ ,  $P > 0.05$  for all study groups) corneal locations.

Spherical equivalent showed a low correlation with central thickness for group #1 ( $r^2 = 0.10$ ,  $P = 0.394$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.703$ ) and group #3 ( $r^2 = 0.03$ ,  $P = 0.401$ ). A similar trend was found for the mild-peripheral thickness at nasal ( $r^2 < 0.02$ ,  $P > 0.05$  for all study groups), temporal ( $r^2 < 0.08$ ,  $P > 0.05$  for all study groups), superior ( $r^2 < 0.03$ ,  $P < 0.05$  for all study groups) and inferior ( $r^2 < 0.02$ ,  $P > 0.05$  for all study groups) corneal locations.

### Relationship between AL and SE with relative peripheral index

The total sample RPI and specific RPI in each study group for all PCT locations were summarized in Table 2 without statistical differences ( $P > 0.05$ , ANOVA) between all study groups. The relationships between the RPI and the AL or SE are summarized in Table 4.

Low correlation was found between AL with nasal RPI [group #1 ( $r^2 < 0.01$ ,  $P = 0.402$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.748$ ) and group #3 ( $r^2 = 0.18$ ,  $P = 0.026$ )], temporal RPI [group

**Table 3** The relationship between central and peripheral (nasal, temporal, superior and inferior locations) corneal thickness, respectively, with axial length (AL) and the spherical equivalent (SE).

	Central	Nasal	Temporal	Superior	Inferior
<i>Total (n = 175)</i>					
AL	$r = 0.01$ $P = 0.96$	$r = -0.08$ $P = 0.28$	$r = 0.03$ $P = 0.66$	$r = -0.06$ $P = 0.41$	$r = -0.09$ $P = 0.23$
SE	$r = 0.01$ $P = 0.91$	$r = 0.12$ $P = 0.12$	$r = -0.10$ $P = 0.18$	$r = 0.02$ $P = 0.79$	$r = 0.10$ $P = 0.17$
<i>Group #1 &lt;6.00 D (n = 76)</i>					
AL	$r = -0.01$ $P = 0.95$	$r = -0.02$ $P = 0.85$	$r = 0.02$ $P = 0.88$	$r = -0.06$ $P = 0.58$	$r = -0.04$ $P = 0.76$
SE	$r = 0.10$ $P = 0.39$	$r = 0.16$ $P = 0.18$	$r = 0.01$ $P = 0.99$	$r = 0.18$ $P = 0.12$	$r = 0.16$ $P = 0.18$
<i>Group #2 &gt;6.00 to &lt;12.00 D (n = 72)</i>					
AL	$r = 0.07$ $P = 0.55$	$r = 0.10$ $P = 0.43$	$r = 0.13$ $P = 0.30$	$r = 0.06$ $P = 0.62$	$r = 0.07$ $P = 0.56$
SE	$r = -0.05$ $P = 0.70$	$r = -0.09$ $P = 0.46$	$r = -0.13$ $P = 0.27$	$r = -0.19$ $P = 0.12$	$r = -0.10$ $P = 0.43$
<i>Group #3 &gt;12.00 D (n = 27)</i>					
AL	$r = 0.24$ $P = 0.24$	$r = -0.02$ $P = 0.95$	$r = 0.36$ $P = 0.08$	$r = 0.04$ $P = 0.85$	$r = -0.04$ $P = 0.86$
SE	$r = -0.17$ $P = 0.40$	$r = 0.14$ $P = 0.48$	$r = -0.30$ $P = 0.13$	$r = -0.01$ $P = 0.97$	$r = 0.06$ $P = 0.75$

**Table 4** The relationship between the relative peripheral index (RPI) and the axial length (AL) and the spherical equivalent (SE).

	RPI Nasal	RPI Temporal	RPI Superior	RPI Inferior
<b>Total (n = 175)</b>				
AL	$r = -0.13$ $P = 0.09$	$r = 0.05$ $P = 0.55$	$r = -0.12$ $P = 0.12$	$r = -0.15$ $P = 0.05$
SE	$r = 0.16$ $P = 0.04$	$r = -0.18$ $P = 0.01$	$r = 0.04$ $P = 0.61$	$r = 0.15$ $P = 0.05$
<b>Group #1 &lt;6.00 D (n=76)</b>				
AL	$r = -0.02$ $P = 0.88$	$r = 0.04$ $P = 0.76$	$r = -0.08$ $P = 0.50$	$r = -0.04$ $P = 0.76$
SE	$r = 0.04$ $P = 0.73$	$r = -0.16$ $P = 0.18$	$r = 0.09$ $P = 0.43$	$r = 0.05$ $P = 0.70$
<b>Group #2 &gt;6.00 to &lt;12.00 D (n=72)</b>				
AL	$r = 0.04$ $P = 0.75$	$r = 0.09$ $P = 0.47$	$r = -0.04$ $P = 0.75$	$r = -0.02$ $P = 0.90$
SE	$r = -0.07$ $P = 0.56$	$r = -0.16$ $P = 0.18$	$r = -0.23$ $P = 0.04$	$r = -0.09$ $P = 0.47$
<b>Group #3 &gt;12.00 D (n=27)</b>				
AL	$r = -0.37$ $P = 0.06$	$r = 0.24$ $P = 0.24$	$r = -0.35$ $P = 0.09$	$r = -0.36$ $P = 0.07$
SE	$r = 0.41$ $P = 0.03$	$r = -0.23$ $P = 0.25$	$r = 0.28$ $P = 0.17$	$r = 0.31$ $P = 0.11$

#1 ( $r^2 < 0.01$ ,  $P = 0.886$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.663$ ) and group #3 ( $r^2 < 0.01$ ,  $P = 0.981$ ]), superior RPI [group #1 ( $r^2 < 0.01$ ,  $P = 0.521$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.477$ ) and group #3 ( $r^2 = 0.09$ ,  $P = 0.134$ )] and inferior RPI [group #1 ( $r^2 < 0.01$ ,  $P = 0.938$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.596$ ) and group #3 ( $r^2 = 0.09$ ,  $P = 0.127$ )].

Spherical equivalent for the three studied groups showed a low correlation with the nasal RPI [group #1 ( $r^2 < 0.01$ ,  $P = 0.725$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.558$ ) and group #3 ( $r^2 = 0.17$ ,  $P = 0.034$ )], temporal RPI [group #1 ( $r^2 = 0.02$ ,  $P = 0.178$ ), group #2 ( $r^2 = 0.02$ ,  $P = 0.180$ ) and group #3 ( $r^2 = 0.05$ ,  $P = 0.251$ )], superior RPI [group #1 ( $r^2 < 0.01$ ,  $P = 0.430$ ), group #2 ( $r^2 = 0.05$ ,  $P = 0.048$ ) and group #3 ( $r^2 = 0.07$ ,  $P = 0.174$ )] and inferior RPI [group #1 ( $r^2 < 0.10$ ,  $P = 0.691$ ), group #2 ( $r^2 < 0.01$ ,  $P = 0.471$ ) and group #3 ( $r^2 = 0.09$ ,  $P = 0.114$ )].

## Discussion

The CCT is of paramount importance in clinical practice for many reasons, such as its influence on IOP measurement. It is also critical when planning refractive surgery and other clinical situations. The overall sample CCT was  $544 \pm 37 \mu\text{m}$ . This value is somehow higher than that reported by Doughty and Zaman<sup>4</sup> in his meta-analysis, where the average CCT was  $535 \mu\text{m}$  when considering healthy corneas with CCT values between  $503$  and  $565 \mu\text{m}$ . Garcia-Medina et al. studied 310 myopic eyes and obtained a CCT of  $550 \pm 36 \mu\text{m}$ , slightly higher than our result.<sup>21</sup> AlMahmoud et al.<sup>11</sup> obtained similar CCT value as that found in the present study ( $543 \pm 34 \mu\text{m}$  in a sample of 3091 myopic eyes).

The relationship between refractive error and the CCT has been previously studied in several reports. However, the results of these studies are controversial. Some found that subjects with myopia had thicker corneas,<sup>12</sup> whereas others found that they have thinner corneas,<sup>7,13</sup> and finally, others did not find any relationship between the CCT and the degree of myopia.<sup>10,11,14,15</sup>

With this background, further investigation was needed to clarify if there is any influence of refractive error on corneal thickness (by means of the AL or the SE). We did not find a significant relationship between the CCT with AL or SE when the total sample was analyzed. Kunert et al.<sup>12</sup> in a 1214 myopic-eye sample and by Sanchis-Gimeno et al.<sup>13</sup> analyzed the CCT in extremely myopic eyes (range 12.00–24.00 D) and compared the results with a control sample comprised of low myopic eyes. They did not obtain statistically significant differences between the two groups, but they did find a similar tendency for the corneas on extremely myopic eyes to be thicker than those on low myopic eyes.

However, Chang et al.<sup>22</sup> found an inverse relationship between the CCT and AL, which means that corneas are thinner in longer eyes (i.e., they have a high degree of myopia). However, Chang et al. did not include extremely myopic eyes, yielding an average SE of  $-4.17 \text{ D}$  in a sample of 216 myopic eyes.

Other authors have not found any relationship between the CCT and SE or AL. Chen et al.<sup>14</sup> analyzed 500 hyperopic, emmetropic and myopic eyes but did not find any significant relationship. Studying the sample as a unique group (without differentiation according to the degree of myopia) may have influenced their conclusions. In the same way, AlMahmoud et al.<sup>11</sup> studied 3091 myopic eyes with an average SE of  $-4.58 \text{ D}$ , ranging from  $-0.13$  to  $-14.00 \text{ D}$  and did not find

a significant relationship between the CCT and SE. AlMahmoud et al. did not study the sample in segmented groups to identify any differences that resulted from changes in the degrees of myopia.

Another possible explanation for these controversial results yielded by the comparison of the CCT and SE could be the fact that different corneal pachymeters have been used in different studies. Notably, ultrasound pachymetry has been shown to provide lightly higher CCT values than slit-lamp-based pachymetry (Orbscan II).<sup>4</sup> The time of day also influences the corneal thickness, with higher values in the morning than in the afternoon.<sup>4</sup> In this study, we used Orbscan II pachymetry (with a 0.92 acoustic factor) to determine the corneal thickness because it provides a non-invasive, repeatable and reproducible<sup>23</sup> measurement of central and peripheral pachymetry in healthy eyes. The use of a 0.92 acoustic factor could be not valid for all corneal topographic positions<sup>24,25</sup> and some authors recommend that no acoustic factor be used.<sup>26</sup> However, the effect of the use of any acoustic factor has a limited effect when correlation (linear regression) is calculated,<sup>25</sup> as we conduct in this study.

To the best of the authors' knowledge, this is the first time that not only the CCT but also the PCT has been studied and related with the degree of myopia (in terms of AL and SE).

In eyes without ocular pathology, the cornea thickens from the center to the periphery,<sup>27</sup> independently of the SE, due to an increase in the thickness of Bowman's layer and the stroma when reaching the periphery of the cornea.<sup>28</sup> We found a thinner CCT than indicated by nasal, temporal, superior and inferior pachymetry for both the total sample and for all study groups. As expected, all pachymetries (central, nasal, temporal, superior and inferior) were directly correlated ( $r > 0.78$ ,  $P < 0.05$ ).

The assessment of the central and peripheral corneal thickness is also important to analyze the corneal biomechanical properties.<sup>29</sup> Jiang et al.<sup>29</sup> and Plakitsi et al.<sup>30</sup> studied the relationship between the corneal hysteresis and myopia. Both found low corneal hysteresis in high myopic eyes (more than 6.00 D), with thicker CCT in high myopic eyes<sup>29</sup> and conclude that the mechanical strength in anterior segment of the high myopic eyes is compromised. However, they did not study the peripheral pachymetry. Also, Jiang et al.<sup>29</sup> did not find differences between CCT in non myopic (SE  $> -0.50$  D) and different degrees of myopia [low myopia (SE between  $-0.50$  and  $-3.00$  D), moderate myopia (SE between  $-3.00$  and  $-6.00$  D) and high myopia (SE  $< -6.00$  D)]. These results agree with our findings and suggest that biomechanical worsening related with high myopia could be more related with corneal biologic modifications, than with anatomical differences in central thickness. Further investigation is necessary that clarify the role of the PCT in the corneal hysteresis values in high myopic eyes.

Corneal thickness is of great importance in excimer laser refractive surgery of myopia. The results of this study highlight the necessity of pachymetry evaluation in preoperative assessment of excimer laser surgery in any degree of myopia to avoid post-surgery complications.<sup>31</sup>

RPI was also calculated to establish how much thicker the PCT was in comparison to the CCT. Jonuscheit and Doughty<sup>18</sup> described this index in 2009. The differences

between groups were approximately 3% and could be related to the degree of Orbscan II repeatability when measuring healthy corneas (repeatability was established in 0.74%, 1.67%, 1.29%, 1.11% and 1.11% for central, superior, inferior, nasal and temporal corneal locations, respectively).<sup>23</sup>

We used IOL Master biometry to assess the AL because it provides non-contact, repeatable, high-resolution measurements of AL with insignificant differences with ultrasound biometry in AL measurement<sup>32</sup> and similar refractive outcome after cataract surgery.<sup>33</sup>

## Conclusion

There are no significant differences among low, moderate and extremely myopic eyes related to the CCT and PCT. Central and peripheral corneal thickness are very similar in myopic eyes with small differences that are not clinically relevant to myopic patient management.

## Conflicts of interest

The authors have no conflicts of interest to declare.

## References

- Li Y, Meisler DM, Tang M, et al. Keratoconus diagnosis with optical coherence tomography pachymetry mapping. *Ophthalmology*. 2008;115:2159–2166.
- Sharma N, Singhi A, Sinha R, Vajpayee RB. Reasons for not performing LASIK in refractive surgery candidates. *J Refract Surg*. 2005;21:496–498.
- Mangouritsas G, Mourtzoukos S, Mantzounis A, Alexopoulos L. Comparison of Goldmann and Pascal tonometry in relation to corneal hysteresis and central corneal thickness in non glaucomatous eyes. *Clin Ophthalmol*. 2011;5:1071–1077.
- Doughty MJ, Zaman ML. Human corneal thickness and its impact on intraocular pressure measures: a review and meta-analysis approach. *Surv Ophthalmol*. 2000;44:367–408.
- De Medeiros FW, Sinha-Roy A, Alves MR, Wilson SE, Dupps Jr WJ. Differences in the early biomechanical effects of hyperopic and myopic laser in situ keratomileusis. *J Cataract Refract Surg*. 2010;36:947–953.
- Gros-Otero J, Arruabarrena-Sánchez C, Teus M. Central corneal thickness in a healthy Spanish population. *Arch Soc Esp Oftalmol*. 2011;86:73–76.
- Srivannaboon S. Relationship between corneal thickness and level of myopia. *J Med Assoc Thai*. 2002;85:162–166.
- Meng W, Butterworth J, Malecaze F, Calvas P. Axial length: an underestimated endophenotype of myopia. *Med Hypotheses*. 2010;74:252–253.
- Shen M, Fan F, Xue A, Wang J, Zhou X, Lu F. Biomechanical properties of the cornea in high myopia. *Vision Res*. 2008;48:2167–2171.
- Hosny M, Alio JL, Claramonte P, Attia WH, Perez-Santonja JJ. Relationship between anterior chamber depth, refractive state, corneal diameter, and axial length. *J Refract Surg*. 2000;16:336–340.
- AlMahmoud T, Priest D, Munger R, Jackson WB. Correlation between refractive error, corneal power, and thickness in a large population with a wide range of ametropia. *Invest Ophthalmol Vis Sci*. 2011;52:1235–1242.
- Kunert KS, Bhartiya P, Tandon R, Dada T, Christian H, Vajpayee RB. Central corneal thickness in Indian patients undergoing LASIK for myopia. *J Refract Surg*. 2003;19:378–379.

13. Sanchis-Gimeno JA, Casanova L, Alonso S, Rahhal M, Ruiz Torner A, Martínez Soriano F. Assessment of central corneal thickness in extreme myopic eyes. *Eur J Anat.* 2003;7:15–18.
14. Chen MJ, Liu YT, Tsai CC, Chen YC, Chou CK, Lee SM. Relationship between central corneal thickness, refractive error, corneal curvature, anterior chamber depth and axial length. *J Chin Med Assoc.* 2009;72:133–137.
15. Al-Mezaine HS, Al-Obeidan S, Kangave D, Sadaawy A, Wehab TA, Al-Amro. The relationship between central corneal thickness and degree of myopia among Saudi adults. *Int Ophthalmol.* 2009;29:373–378.
16. Martin R, de Juan V, Rodriguez G, Cuadrado R, Fernandez I. Measurement of corneal swelling variations without removal of the contact lens during extended wear. *Invest Ophthalmol Vis Sci.* 2007;48:3043–3050.
17. Fishman GR, Pons ME, Seedor JA, Liebmann JM, Ritch R. Assessment of central corneal thickness using optical coherence tomography. *J Cataract Refract Surg.* 2005;31:707–711.
18. Jonascheit S, Doughty MJ. Evidence for a relative thinning of the peripheral cornea with age in white European subjects. *Invest Ophthalmol Vis Sci.* 2009;50:4121–4128.
19. Chalkiadakis SE, Amariotakis GA, Parikakis EA, Peponis VG. Axial eye length measurements pre-and post-laser-assisted in situ keratomileusis using the IOL Master: a pilot study. *Clin Ophthalmol.* 2010;4:1267–1269.
20. Fotedar R, Wang JJ, Burlutsky G, et al. Distribution of axial length and ocular biometry measured using partial coherence laser interferometry (IOL Master) in an older white population. *Ophthalmology.* 2010;117:417–423.
21. Garcia-Medina M, Garcia-Medina JJ, Garrido-Fernandez P, et al. Central corneal thickness, intraocular pressure, and degree of myopia in an adult myopic population aged 20 to 40 years in southeast Spain: determination and relationships. *Clin Ophthalmol.* 2011;5:249–258.
22. Chang SW, Tsai IL, Hu FR, Lin LL, Shih YF. The cornea in young myopic adults. *Br J Ophthalmol.* 2001;85:916–920.
23. Martin R, de Juan V, Rodriguez G, Fonseca S, Martin S. Contact lens-induced corneal peripheral swelling: Orbscan repeatability. *Optom Vis Sci.* 2009;86:340–349.
24. Gonzalez-Mejome JM, Cerviño A, Yebra-Pimentel E, Parafita MA. Central and peripheral corneal thickness measurement with Orbscan II and topo-graphical ultrasound pachymetry. *J Cataract Refract Surg.* 2003;29:125–132.
25. Martin R, Nuñez L, Sastre J, de Juan V, Rodriguez G. Constancy of the Orbscan acoustic factor to detect CL-induced corneal swelling. *Clin Exp Optom.* 2011;94:352–360.
26. Doughty MJ, Jonascheit S. The Orbscan acoustic (correction) factor for central corneal thickness measures of normal human corneas. *Eye Contact Lens.* 2010;36:106–115.
27. Sanchis-Gimeno JA, Lleó-Pérez A, Alonso L, Rahhal MS, Martínez-Soriano F. Anatomic study of the corneal thickness of young emmetropic subjects. *Cornea.* 2004;26:669–673.
28. Kobayashi A, Yokogawa H, Sugiyama K. In vivo laser confocal microscopy of Bowman's layer of the cornea. *Ophthalmology.* 2006;113:2203–2208.
29. Jiang Z, Shen M, Mao G, et al. Association between corneal biomechanical properties and myopia in Chinese subjects. *Eye.* 2011;25:1083–1089.
30. Plakitsi A, O'Donnell C, Miranda MA, Charman WN, Radhakrishnan H. Corneal biomechanical properties measured with the Ocular Response Analyzer in a myopic population. *Ophthal Physiol Opt.* 2011;31:404–412.
31. Martin R, Rachidi H. Stability of posterior corneal elevation one year after myopic LASIK. *Clin Exp Optom.* 2012;95: 177–186.
32. Santodomingo-Rubido J, Mallen EA, Gilmartin B, Wolffsohn JS. A new non-contact optical device for ocular biometry. *Br J Ophthalmol.* 2002;86:458–462.
33. Raymond S, Favilla I, Santamaria L. Comparing ultrasound biometry with partial coherence interferometry for intraocular lens power calculations: a randomized study. *Invest Ophthalmol Vis Sci.* 2009;50:2547–2552.